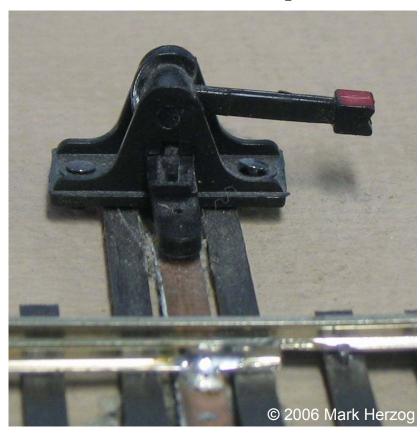
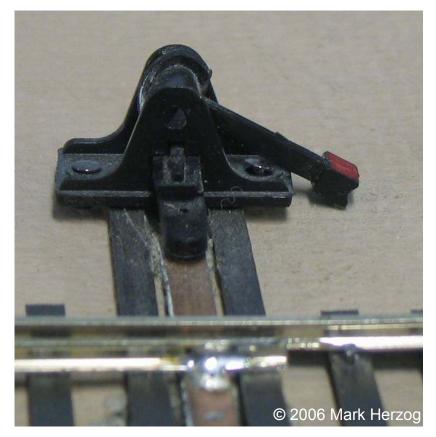
## How to operate hand throws



Correct: Throw arm is in a near horizontal position. There is a slight "indent" that you will feel at this position. This position is gentler on the mechanism and it makes it easier for the next person to grab the throw arm.



Incorrect: Throw arm is pushed until the head hits the ground. This position puts additional stress on the machine itself, and on the points of the turnout, leading to early failure. It is also more difficult to grab it to throw the other way.